



FT. WAYNE TRACK CLUB

March 1979

NOTICE TO ALL FWTC MEMBERS

I have assumed the task of editing our newsletter. For those people who have race information and/or race results/and/or anything that may be of interest to the club in general, please mail all information to my home or give me a call at home or work.

Jerry Mazock
6135 Orchard Lane
Ft. Wayne, Indiana 46809 (747-1064) Home
(482-1882) Mohawk Tire Warehouse

Harry Koontz will continue as Secretary of the FWTC and be contributing to our newsletter. Because of his relocation in Middlebury, Indiana, we felt it would be more convenient to assemble the newsletter in Ft. Wayne.

If you have any ideas on how to improve our newsletter, please drop me a line or "run" over to my house. This is your newsletter so let's all help to make it great!

WE MISSED YOU!

At the 1st Annual FWTC Pizza Party on Thursday, February 22. We had a great time - plenty of pizza and beer to carbo up with. I attribute the three glasses of beer I drank to the fine training run I had the next day. Don Lindley passed out the age division FWTC awards while later Charlie Brandt (President) and Gary Dexheimer (Vice-President) held an informal question and answer period pertaining to upcoming events. (Looks like a great year.) Most of the questions centered around the Three River's Festival Marathon and the Lincoln 10,000 Race. Jack Morris make a motion to flatten the hills on South Calhoun Street for this year's marathon.

SPRING MARATHONERS?

Here's a chance to run your 20 mile training runs with other members of the FWTC. Beginning March 10 at 10:00 am there will be an 18 mile training run starting at Charlie Brandt's home near Homestead High School. (5334 Moonrock Court -- 432-9110). The following weeks will be set up for 20 milers. Basically, there will be a large group running in the 7:00 to 8:00 per mile range. There will be a few who will want to kill themselves on a 6:30 pace, and there will be those who will want to enjoy the scenery at an 8:30 pace. Don't be shy.....Come out and run. It makes those long miles seem easier when there is a lot of people to pull you along. By the way, Charlie has mapped out some fine training courses. (hills, hills, and more hills). And we all know that a little hill work never hurt anybody.

LOOKING AHEAD TO NEXT MONTH AND BEYOND

The FWTC will have an in-depth interview with two of our best runners in the club: Phil Suelzer and Rick Reitzug. (They don't know it yet). I will deeply pry into their training techniques (don't lie to me guys) with pertinent, revealing questions such as: "How come you're so fast?"

Also, many will be going on the Boston Marathon Tour this April. I will ask each participant to submit a small article dealing with different parts of the Boston Marathon course. This will be in the May Newsletter.

SHORTS

Dave's Running Shop would like to offer a discount of \$2.00 off per pair on running shoes. This offer will be good for club members only. You do not have to pay sales tax on mail orders.

Dave's Running Shop
218 Main Street
Delta, Ohio 43515
Phone: (419)-822-3498

The 2nd Annual Saginaw/Bay Marathon will be held on May 5, 1979, 10:00 am at Delta College. Registration is \$5 prior to May 1 and \$6 after May 1. Contact Don Lindley for entry forms. It is a flat, fast, and certified course with age divisions. T-shirts are given to all pre-entries. There are many motels in the area, but a limited number of rooms available at the college. The asphalt, country roads are so flat you should have good results.

The FWTC is now tax exempt under the RRCA group exemption. Contributions to our club are now tax deductible to the individuals making them. This covers any donation over and above normal membership cost.

The RRCA membership dues are exclusively paid by the FWTC as a continued service to you at a rate of \$.35 per member. We honestly believe that this is a small amount in comparison to the services provided. Their quarterly newspaper, Footnotes, alone is worth more than that.

An application has been filed with the Indiana Department of Revenue for possible exemption from state taxes. According to RRCA, laws vary from state to state but some grant exemption if you are 501(c)(3).

So track club members and donors, your contributions such as bequests, legacies, devises, transfers, or gifts for our use are deductible for Federal estate and gift tax purposes.

We have applied for preferential third class mailing. The rate per piece is 2.7 cents for special bulk rate for non-profit groups. Third class bulk has advantages--mostly price--but the disadvantages are minimum of 200 pieces per mailing and everything must be sorted in zip code sequence. The post office sends out third class bulk mail at the same time it sends out first class mail. Therefore, it should arrive at your address in about one or two days. The post office is concerned that there could be a delay of two or more weeks. So are we. We sort each address by zip code down to the last digit, put them in bunches, label the bunch, and secure it with rubber bands before we take them to the post office. With all this work, we expect you to get proper service.

Treasurer - Don Lindley

The Fort Wayne Track Club: Where do our interests lie?

Like most clubs throughout the country, the name implies that we are a track club. Yet, I believe that all of us tend to disassociate ourselves completely from track and make reference to the fact that we are mainly a group of road runners. I do believe that it's important to remember that the original roots for all clubs came from the sport of track and field. Of course, we have a number of area coaches and high school athletes that are quite involved in our club. Therefore, can the club possibly offer anything to that particular sport?

An Olympic development year is upon us and although we are primarily road runners, I am sure everyone's interest will be extremely high as Moscow in 1980 arrives. Hopefully there is always that possibility that an Indiana athlete will become a candidate for one of the distance events. Probably he will have been involved in one of the many fine clubs throughout the state and more than likely will have developed some of his ability by running road runs within the state.

Certainly, many of those potential Olympians will have at one time competed in one of the many fine track classes that high school athletes are invited to after their senior year in local state meets. These are such meets as the Golden West Invitational, Atlanta Track Classic, and the Midwest Meet of Champions in Ft. Wayne. Probably many of you were not aware that we had such a class meet held right here in Ft. Wayne. The top invited athletes from Illinois, Michigan, Indiana, and Ohio have competed as seniors in this meet for the last several years. Many of those athletes go on to become collegiate stars in later years. I must admit that I have never seen the meet myself, but I certainly intend to this year. As a matter of fact, the club is sponsoring a road race in conjunction with the meet which is held in early June.

Unfortunately, that meet was never originally put together by a corporation or major sponsor like our Lincoln Race. Instead, it was conceived by the heroic efforts of one man - Bill Walker, South Side High School Track Coach. Financially it has never been an easy task, but Bill's main concern has been to never see the meet slip away from Ft. Wayne. As a new committee worker this year, I have seen how difficult it is to secure the needed sponsors to financially keep the meet running. I would like to see the club lend its total support to the efforts of Bill. Obviously, we aren't in a position to do anything financially, although as members we can all help. Possibly we can offer our support by volunteering to handle various tasks for Bill as the meet draws closer, such as selling advance tickets. Certainly if anyone has any corporate contacts, it would be great if you could help solicit financial support. For further information on the meet, contact Bill Walker - 7215 Woodlawn at 447-3042. Let's do everything we can to support Bill and the tremendous things he has done for runners in this community.

As an added thought maybe down the road we should all think about making an effort to unite all the city and individual efforts to help promote all the runners within our area, especially with the discontinuing of the Junior high program within the city. Call me if you have any thoughts on this.

ABOITE HOUSE 8-MILE RUN

Jan. 27, 1979
Cold, Windy &
Icy Roads

Course Record --- *43:14 1. Rick Reitzug 26
" 23 2. Gary Dexheimer 29
" 56 3. Phil Suelzer 26
45:27 4. Dean Nygard 18
46:29 5. John McMillan 35
47:11 6. Jerry Mazock 26
49:29 7. Joe Barile 41
51:05 8. Charlie Brandt 39
52:04 9. John Schwarze 31
" 58 10. Mike Harmeyer 15
53:38 11. Dave Pedersen 15
" 48 12. Glenn Moore 42
54:36 13. Don Lindley 35
55:13 14. Dan Kelble 23
" 29 15. Mike Fritzsche 16
" 48 16. Tom Loucks 19
" 51 17. Matt Emley 14
56:27 18. Dave Beachy 29
" 31 19. Jack Morris 40
" 37 20. Chris Stauffer 46
57:23 21. Russ Grose 31
58:07 22. Herb Chandler 45
" 59 23. Don Goldner 44
59:08 24. Tom Tucker 35
" 10 25. Ed Perkins 38
60:23 26. Ron Motzcka 33
61:16 27. Joe Ziegler 42
62:02 28. Lynn Milner 42
" 07 29. Dave Waldrop 34
" 47 30. Ron Lester 32
" 57 31. Mike Hill 37
63:09 32. Bob McCuan 42
" 55 33. Gary Graham 29
64:07 34. Phil Latz 31
65:45 35. Parke Hautem 36
67:18 36. Curtis Nold 48
68:15 37. Dick Sive 43
71:13 38. Gerald Grill 56
72:59 39. Roger Phillips 50
1:00:25 40. Lynne Harris 30
1:00:25 41. Andre Duhaime

FIRST ANNUAL GEORGE WASHINGTON 10 KM.
February 18, 1979 - Foster Park

<u>Overall Place</u>	<u>Name</u>	<u>Time</u>	<u>Overall Place</u>	<u>Name</u>	<u>Time</u>
<u>Men 0 - 14</u>			<u>Men 30 - 39 Con't</u>		
14	*Tom Shank	42:32	46	*Dan McGuire	48:29
64	*Mark Davis	52:52	47	*Steve Adkinson	48:39
<u>Men 15 - 19</u>			52	*Harry Miller	50:10
2	Craig Schwartz	37:56	55	*Parke Hautem	50:47
7	*Mitch Stauffer	39:03	58	*Larry Haworth	52:29
11	*Mike Harmeyer	41:24	61	*Jim Griffin	52:40
21	*Tom Loucks	44:38	63	*Bill Latz	52:44
25	Matt Enley	45:04	65	Ed Garrett	52:59
26	*Tom Lindley	45:36	67	*Steve Takacs	53:09
<u>Men 20 - 29</u>			73	*Bill Walter	59:23
1	*Rick Peitzug	36:47	<u>Men 40 - 49</u>		
3	*Phil Suelzer	38:16	8	*Joe Barile	40:19
4	*Jerry Mazock	38:19	18	*Clyde Shank	44:18
5	*Paul Beckwith	38:23	27	*Lynn Milner	45:43
6	Bill Emerig	39:01	28	*Chris Stauffer	45:46
13	*Brent Davis	41:53	36	*Don Goldner	47:04
15	Steve Woenker	42:38	39	*Herbert Chandler	47:20
23	Marty Clemmer	44:50	49	*Joe Ziegler	48:53
24	Dan Kelble	45:01	51	Robert McCuan	49:40
33	*Tim Bolen	46:27	57	Ed Jenkins	52:11
40	David Jones	47:33	59	*Leland Sibrel	52:33
41	*Gary Bird	47:35	60	Dick Sive	52:37
43	Matt Vincent	48:16	69	*Dick Augsburg	54:24
50	*Tom Donelson	49:29	75	*Andre Duhaine	59:46
56	*Gary Graham	51:47	<u>Men 50 & up</u>		
62	John Kasptka	52:41	9	*Myron Meyer	40:31
68	*Phil Dwire	53:11	31	*Mike Kast	46:11
<u>Men 30 - 39</u>			48	*Wendell Adams	48:46
10	*Robert Bruckner	41:08	66	*J.P. Jones	53:02
12	*John Schwarze	41:35	70	*Roger Phillips	55:35
16	*Charles Brandt	42:49	71	*Gerald Grill	57:39
17	*Dick Gatton	43:47	<u>Women 0 - 30</u>		
19	*Walt Green	44:21	35	*Cindy Goller	46:48
20	*Wayne Schaetenbrand	44:29	53	*Alma Ojeda	50:16
22	*Don Lindley	44:39	54	Theresa Munding	50:18
29	*Fred Ross	45:50	72	*Mary O'Conner	57:42
30	*Dave Beachy	46:02	77	*Linda Ellingwood	60:50
32	*Tom Tucker	46:18	80	*Lynne Harris	71:00
34	*Russell Grose	46:37	<u>Women 30 & Over</u>		
37	*Mike Hill	47:13	74	*Jan Kissinger	59:33
38	*David Waldrop	47:15	76	Gloria Nycum	60:31
42	Ron Lester	48:14	78	*Adelma Waltenburg	61:33
44	*Phil Shafer	48:22	79	*Pauline Augsburg	67:05
45	*Ronald Motycka	48:28	81	*Ruth Duma	79:31

*FWTC Members

FIRST ANNUAL GEORGE WASHINGTON 10 KM. - Con't

This race was held at Foster Park on a very cold (9°) and windy day. It was really something for 81 people to come out and run on a day such as this. Everyone who participated should be proud of themselves. We also had a couple of interesting runners. Alma Ojeda who ran a 50:16 and placed second overall in the women's division is only 9 years old. At the other extreme, Ruth Dumas, who also completed the race is 61 years old. I would like to thank Bob Waltenburg and Don Lindley for their help. By the way, Don wants to apologize for the placing of the 2-4-6 mile markers. If you didn't notice, they were backwards in order. Oh well, it made for good times for the first two miles. Thanks Don! And thanks again to everyone who ran in the First Annual George Washington 10 KM. He would have been proud of you.

Our thanks to Tom Mather of the Ft. Wayne Racquet Club for donating \$50 worth of gift certificates to the race runners. A \$15 gift certificate was given to the overall winner, a \$10 certificate to the first place winners in each division, a \$5 one to the second place winners, and a \$3 certificate to the third place winners. The first five winners in each division also received a place ribbon. The Racquet Club does have a complete line of running equipment and a very good book selection on about any aspect of running you'd wish to read about. Contact Don Lindley if you did not receive a participant ribbon.

Race Director - Jack Morris

GROUNDHOG 7 - Carmel, IN.

January 28, 1979

<u>Overall Place</u>	<u>Name</u>	<u>Time</u>	<u>Age Group Place</u>
18	Myron Meyer	47:58	1st (50-59)

SAM COSTA HALF MARATHON - Carmel, IN.

February 11, 1979

<u>Overall Place</u>	<u>Name</u>	<u>Time</u>	<u>Age Group Place</u>
2	Phil Suelzer	1:13:17	2nd (Open)
3	Rick Reitzug	1:13:45	3rd (Open)
6	Gary Dexheimer	1:16:51	5th (Open)
8	Dean Nygard	1:18:36	1st (Highschool)
29	Myron Meyer	1:24:56	1st (50-59)

112 runners finished race.

2nd ANNUAL AULD LANG SYNE 5 MILE RUN

December 31, 1978

Men Open to 29

1. Phil Hostetler	27:14
2. Dexter Lehman	27:23
3. Chuck DeFord	27:36
4. Phil Suelzer	28:00
5. Mike Slaubauch	28:17
6. Jerry Mazock	29:45
7. Stephen Woenker	30:13
8. Tim Bowman	31:01
9. Brett Davis	32:00
10. John Krukenberg	32:47
11. Tom Loucks	33:20
12. Daniel Kelble	34:34
13. Tim Bolin	35:01
14. Mike Isbell	35:19
15. Dave McPherson	36:39
16. Rick Schimmoller	37:08
17. Rick Stensrud	37:10
18. Jim Anderson	37:36

Men 30 - 34

1. Robert Bruckner	30:32
2. Dan Brodrick	30:55
3. John Schwarze	31:29
4. Don Lindley	33:41
5. Ruben Garcia	35:20
6. Floyd Stinchcomb	35:38
7. Jim Deitle	41:09.9

Men 35 - 39

1. Jay Pelkington	34:56
2. Mike Hill	37:52
3. Terry Parker	38:06

Men 40 - 44

1. Joe Barile	31:05
2. Glenn Moore	31:11
3. Jim Cartwright	33:11
4. Bud Stiffler	33:19
5. Don Goldner	34:38
6. Herb Chandler	35:06
7. Gay Davis	36:03
8. Lynn Milner	37:05
9. Dick Sive	39:59
10. Robert Waltenburg	42:04

Men 45 - 49

1. Gene Striggle	32:58
2. Clyde Shank	35:09
3. Bernie Huesing	35:54

4. Rudolf Florreich	41:01.4
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Men 50 & Up

1. Myron Meyer	32:07
2. Roger Phillips	43:45
3. Gerald Grill	45:46
4. Eugene Haines	48:39

Men 14 & Under

1. Tom Shank	30:58
2. Jim Woenker	34:42
3. Tim Bickel	37:52
4. Mark Davis	37:53
5. Ryan Hill	45:10
6. Gregg Milner	54:11

Men Highschool

1. John Moss	25:50
2. Craig Schwartz	29:20
3. Rick Harkenrider	30:46
4. Rod Flint	31:20
5. Dean Nygard	31:22
6. Mike Harmeyer	31:44
7. Brian Pelkington	34:47

Women Open to 29

1. Cindy Goller	33:42
2. Lynne Bennett	35:07
3. Cindy Caldwell	36:13
4. Helen Weber	39:45.8
5. Louise Weber	41:54
6. Phyllis Suelzer	43:08
7. Linn Mazock	43:30
8. Terri Brodrick	50:16

Women 30 - 39

1. Pat Cartwright	41:30
2. Julia Wilson	47:15
3. Manna Bruckner	53:09

Women 40 & Up

1. Adelma Waltpnburt	39:45.3
2. Mary Rosemond	53:07

Women 14 & Under

1. Michelle Bickel	36:40
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Results of AULD LANG SYNE 5 Con't.

- 2. Alma Ojeda 36:54
- 3. Susan Bickel 50:15

Women Highschool

- 1. Betty Jackson 45:47

The run ended in 1979 with 79 finishers with a fine temperature of 38 degrees without rain. Many thanks to the Ft. Wayne Racquet Club for the use of their facilities and the volunteers that made this a good race. Several distance runners traveled a long way. They came as far as from the north, La Crosse, Wisconsin, and the south, Bloomington, Indiana.

FWTC RACES

March 18 - 4 Miler - at Homestead Highschool. Directors: Charlie Brandt - 432-9110 and Gary Dexheimer - 432-1439. The race is at 2:00 pm with a One Mile Fun Run at 1:30 pm. Registration is from 1 - 2:00 pm. This is a very challenging course. \$.50 for FWTC members and \$1.00 for non-members.

April 22 - One Hour Run - at Snider Highschool. Director: John Kline - 482-1956.

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95% COTTON TERRY TOP—

Thousands of tiny cotton loops act like a natural sweatband to absorb moisture. Gently hugs the ankle without irritation and "breathes"—allowing moisture to evaporate.

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Shock absorption only where you need it... at the point of impact for the foot. No excess bulk or weight on top of foot to crowd toes.

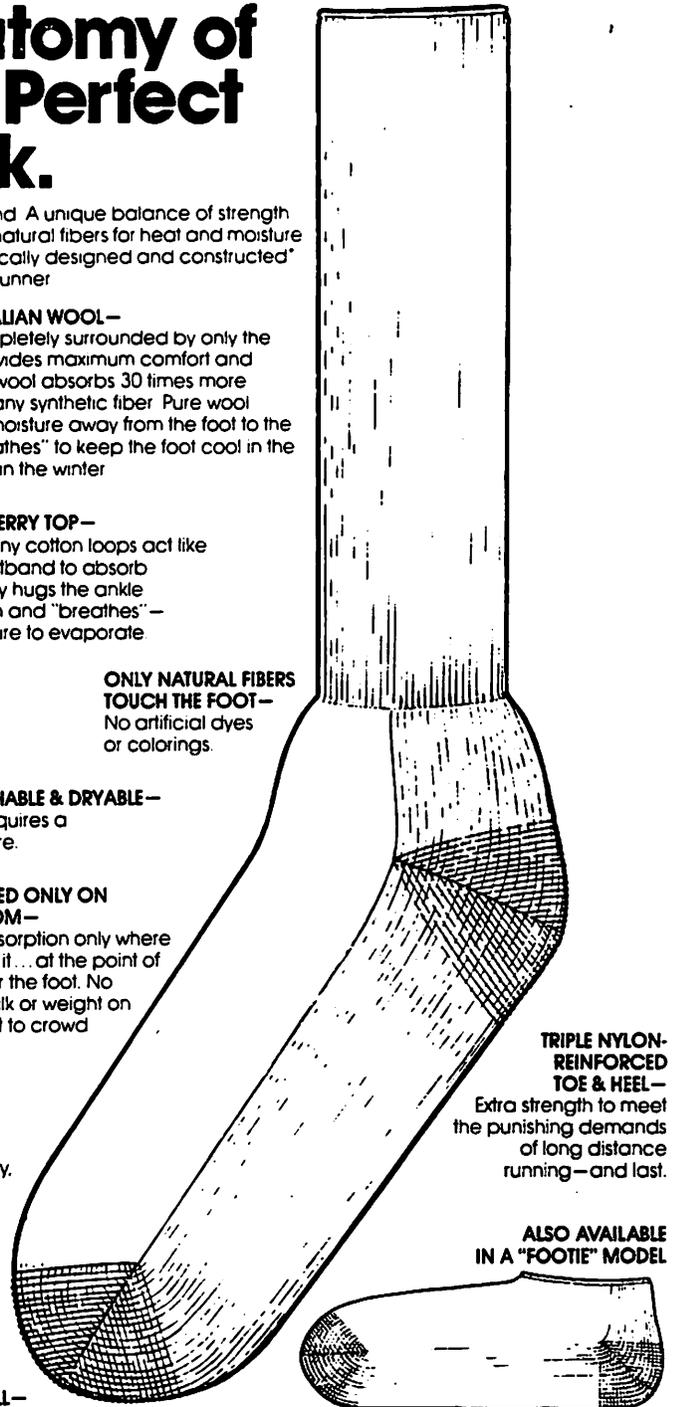
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Signature _____

Name _____

Address _____

City, State, Zip _____

Total Order _____
Add Postage & Handling \$1.00

TOTAL _____

*Patent Pending

<u>Date</u>	<u>Time</u>	<u>Rating</u>	<u>Event</u>	<u>Location</u>	<u>Contact</u>
Feb 24	10:00am		15 & 5 KM	Chicago, Il.	8
	10:00am		Tombstone 10 Mile	Lansing, Mi.	1
Feb 25	8:00am		Olympiad Memorial Marathon	St. Louis, Mo.	22
	Noon		Frostbite 9 Mile	Kirkapoo S.P., Il.	5
	2:00pm	G to E	Get It In Glass 20 KM Pred.	Toledo, Oh.	21
Mar 3	10:00am		3.75 Mile	Lansing, Mi.	1
Mar 4	1:00pm		6 Mile	Joliet, Il.	15
Mar 4	2:00pm		7 Mile	Germantown, Oh.	10
Mar 4	2:00pm	E	12th Annual Churchill's ½ Marath.	Perrysburg, Oh.	23
Mar 10	10:00am		3 Mile	Lansing, Mi.	1
Mar 11	1:00pm		Half-Marathon	Cary, Il.	24
	1:00pm		Frostbite Half-Marathon	Delavan, Il.	25
	1:00pm		Windy Marathon	Carmel, In.	26
	2:15pm		7 Mile	Carmel, In.	26
	2:00pm		Annual Cookie Classic 15 KM Pred.	Toledo, Oh.	27
Mar 17	10:00am		3 Mile	Lansing, Mi.	1
	Noon		Vic Tanny's 1st Annual 5 KM for Women Only	Toledo, Oh.	28
	Noon		5 & 3 Mile	Kennekuk Cove, Il.	5
	1:00pm		10 & 3 Mile	Jacksonville, Il.	18
Mar 18	9:00am		10 KM	Chesterton, In.	19
	9:30am		10 & 5 KM	Des Plaines, Il.	9
	1:15pm		5 Mile	Bay City, Mi.	4
	2:00pm		8 or 6 Mile	Arcarrum, Oh.	10
	2:00pm		4th Annual River East 10 KM	Toledo, Oh.	29
	2:00pm	E	Homestead High School 4 Mile	Ft. Wayne, In.	33
Mar 24	9:00am		Heartwatcher's Marathon/Physical Fitness Testing 2pm Symposium	Toledo, Oh.	30
	10:00am		20 & 3 Mile	Lansing, Mi.	1
Mar 25	8:00am		7th Annual Heartwatcher's Marat. & 3 or 6 Person Relay Teams	Toledo, Oh.	30
Mar 31	10:00am		4 Mile	Lansing, Mi.	1
Apr 1	11:00am		Obstacle Course 8KM/\$KM Pred.	Toledo, Oh.	35
Apr 1	1:00pm		Mid-West Weight Class Champ. for Men - 5KM	Toledo, Oh.	13
Apr 8	2:00pm		"Tony Packo-Strohs-Big Brother" 2 Mi. Pred. followed by 6.5 Mile	Toledo, Oh.	36
Apr 22			One Hour Run - Snider Highschool	Ft. Wayne, In.	34

CONTACT ADDRESSES

1. Gordon Schafer 2109 N. Aurelius Rd., Holt, Mi. 48842
2. Betzel Smith 2354 Grandwood Dr., Gurnee, Il. 60031
3. Angel Campesino Phone: 826-3454 Toledo, Oh.
4. Al Kayner 1728 McKinley, Bay City, Mi. 48796
5. Barney Hance 1723 Lincoln Ave., Danville, Il. 61832
6. Illinois Track Club Box 2976, Station A, Champaign, Il. 61820
7. Mike Martorano 3428 W. Parker, Chicago, Il. 60647
8. Windy City Striders 5459 N. Lamon, Chicago, Il. 60630
9. Dave Buetler 493 Walnut, Des Plaines, Il. 60016
10. Felix LeBlanc 1013 Tralee Trail, Dayton, Oh. 45430
11. Dave Mason Phone: 822-3498 Delta, Oh.
12. John McClelland 545 N. Upper St., Lexington, Ky. 40508
13. Tom Kovacs 3262 N. Reach, Oregon, Oh. (698-3487)
14. Joe Smetanka 24121 Meadow Bridge, Mt. Clemens, Mi. 48043
15. Rich Escutia YMCA, Joliet, Il.
16. Lou & Diane Wagner Phone: 826-9136 Swanton, Oh.
17. Jeaneen Bonkowski Phone: 866-8576 Toledo, Oh.
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23. Walt Churchill, Rich Lachowski Phone: 874-6832, 478-9038, respectively, Toledo, Oh.
24. Milt Cully 604 W. Main, Cary, Il. 60013
25. Lee Rodgers Delavan Schools, Delavan, Il.
26. Jack Beasley 11040 Winding Brook Lane, Indianapolis, In. 46280
27. Dave Barnes Phone: 248-8382 Toledo, Oh.
28. Paul Warshawsky Phone: 874-1647 Toledo, Oh.
29. Omer Holman Phone: 693-3890 Toledo, Oh.
30. Sy Mah 2158 Sylvania Ave., Toledo, Oh. 43606 (472-8505)
31. Dick Shenfeld 9227 Soaring Hill Place, Ft. Wayne, In. 46804
32. Jack Morris 1809 St. Louis Ave., Ft. Wayne, In. 46819
33. Charlie Brandt 5334 Moonrock Ct., Ft. Wayne, In. 46804
34. John Kline 2410 Oakridge Rd, Ft. Wayne, In. 46805
35. Steve Kaczor Phone: 255-0882 Toledo, Oh.
36. Tony Packo, Ron Cole Phone: 691-6054, 385-1875, respectively, Toledo, Oh.

athletic annex inc
10th annual WINDY MARATHON
and WINDY SEVEN

Sunday, March 11, 1979

1:00PM & 2:15PM

Sponsored by - athletic annex inc- Carmel Grayhound Boosters ClubGENERAL INFORMATION

All runners meet at Carmel Clay Junior High School, Carmel, Ind. no later than 12:00 noon for registration and instructions for the marathon. Seven milers meet at 1:15PM. Marathon race starts at 1:00PM and Seven at 2:15PM. Carmel Clay is located about 1 mile east of St. Rd. 431 (Keystone Ave) on 126th St in Carmel.

COURSES

Both courses are certified. Roads are blacktop and flat to gently rolling. Considered fast course.

FACILITIES

Showers and lockers (no locks) available.

ENTRY FEES

WINDY MARATHON: \$4.00
 WINDY SEVEN: \$3.00

SPECIAL FEATURES

- * 120 special T-Shirts to first 120 Marathon entries.
- * Special "Top Finisher" warm-up jackets and engraved medals to Marathoners with trophies and medals to 7-milers.

	MARATHON		7-Mile	
	Jackets	Medals	Trophies	Medals
*Special Trophies for 1st				
*Youngest Finisher	1	1	1	1
*High School or less	2	2	3	3
*Men, Open	5	5	3	7
*Men, 20-29	5	5	3	4
*Men, 30-39	5	5	3	4
*Men, 40-49	5	5	3	4
*Men, 50-59	3	3	2	3
*Men, 60-up	2	1	1	2
*Women, Open	3	3	2	5
*Women, 20-29	2	2	1	4
*Women, 30-39	2	2	1	4
*Women, 40-up	1	2	1	2

- * HRRC Points Race
- * Every mile and curve is marked on road and with signs.
- * Splits - 1, 2, 5, 7, 10, 12, 16, 20, and 23 miles.
- * Hot and cold refreshments before, during and after races.
- * Lead and trailing cars for traffic control and pick-up.
- * Certificates available to marathon finishers.

SEND ENTRY TO

Jack Beasley, 11040 Winding Brook Ln, Indianapolis, Indiana,
 Tel. 317/844-0229

OFFICIAL ENTRY FORM

In consideration of the acceptance of this entry, I waive for myself, my heirs and assigns, any and all claims for damage against athletic annex inc, Carmel Grayhound Boosters Club and the Hoosier RRC and their representatives, for any and all injuries received during this event.

NAME _____ AGE _____ ADDRESS _____ CITY _____
 STATE _____ ZIP CODE _____ PHONE _____ RACE ENTERED _____
 SIGNATURE _____

**Ft. Wayne Track Club
4033 Hampton Avenue
Ft. Wayne, IN 46808**

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